



CHRIST SCHOOL

(AFFILIATED TO CISCE, NEW DELHI)
Bengaluru - 560029, Karnataka



YEAR OF EDUCATION

THEME OF THE YEAR 2025-26



The Monthly Newsletter

EXCELSIOR

Ever upward and still higher...

Vol - XV: Issue - I & II
May & June -2025

Editorial



“Where Care Meets Curriculum”



Ms. Divya P M
Editorial Board

A new academic year dawns with fresh hopes, blank pages, and the silent promise of growth. As the first winds of learning sweep across our corridors, we pause to honour the heartbeat of true education-well-being.

In sync with the CMI Year of Education, we shift our gaze from mere academic milestones to the inner landscapes of our learners. At Christ School ICSE, we believe that a child must first feel safe to feel inspired, must feel cared for to care about learning. Well-being is not an accessory to education-it is its essence.

It blooms in kind words exchanged, in the quiet strength of a teacher who listens, in the resilience of a student who dares to try again. It is seen in silence, in smiles, in the sacred spaces between success and struggle.

As the Editorial Board, we bring you not just updates and achievements, but moments of meaning—glimpses of a school where the mind is challenged, the soul is nourished, and the heart is held.

Here's to a year of compassionate learning and flourishing lives. May each story you read remind you:

“We do not just educate minds; we nurture beings.”

Editorial Board



Ms. Divya P M



Ms. Revathi K



Sr. Jincy P L



Ms. Christeena Mariet M D



Ms. Vidya Dev



From the Principal's Desk

Fr. Nilson Davis CMI

“Where Learning Blossoms in the Light of Care”

“When we plant seeds of kindness, the garden of learning blooms in peace.”

The dawn of a new academic year arrives like a hymn at sunrise-soft, luminous, and full of promise. In its golden silence echoes a sacred call-not to rush, but to root; not to conquer, but to cultivate. This year, our path is lit by a theme as gentle as morning dew and as profound as divine purpose: Well-being. In harmony with the CMI Year of Education, we at Christ School do not see education as the mere transference of knowledge, but as the gentle shaping of souls, the awakening of wonder, and the restoration of joy. It is here, in this holy pursuit, that well-being ceases to be a word-it becomes our way of walking, our manner of meaning, our culture of care.

Education without well-being is a garden without rain-seeds lie dormant, thirsty for nurture. But when schools become sanctuaries of emotional safety, compassion, and spiritual stillness, every child unfurls like a blossom touched by the sun.

Let us teach not only with the chalk in hand, but with the warmth in our hearts. Let our timetables include moments of silence. Let our corridors echo with laughter, our syllabi carry the fragrance of purpose, and our assessments honour resilience as much as reasoning.

Well-being, dear friends, is not a pause in learning-it is the pulse of learning. It is the invisible thread that weaves discipline with delight, structure with soul, and performance with peace. In nurturing it, we pay homage to our beloved founder, St. Kuriakose Elias Chavara, whose vision of education was drenched in divine compassion, rooted in simplicity, and driven by service.

As we begin this beautiful chapter, let us become gardeners of the heart. Let us water every child's spirit with kindness, prune away fear with encouragement, and let love bloom-abundantly, patiently, prayerfully.

May Christ, the silent teacher of Nazareth, whisper wisdom into every lesson, bless every tear, and breathe life into every dream.

Wishing each of you a year where well-being is not just practised but lived, not just preached but radiated.



Vice Principal's Message

Fr. Reji Koodapattu CMI

Well-being: The Heart of Education

As we stand at the threshold of a new academic year, we are reminded that every beginning carries within it the promise of growth, transformation, and renewal. It is with hearts full of hope and minds open to possibility that we embark on this year's journey under the luminous banner of well-being—a theme that resonates deeply with the CMI vision of holistic education.

The CMI Year of Education invites us to revisit the roots of our educational mission—not merely to instruct, but to form; not simply to inform, but to transform. In this sacred calling, well-being becomes not a destination, but a way of being. It is the quiet thread that weaves academic excellence with emotional strength, spiritual depth, and moral clarity.

In our classrooms, let well-being be the air we breathe. May our children find in their teachers not just mentors, but mindful guides; in their lessons, not just facts, but food for thought; in their peers, not just classmates, but companions in kindness. May every corner of our school reflect compassion, resilience, creativity, and joy.

Let us remember: a child who feels seen is a child who will shine. A mind that feels safe is a mind that will seek. As educators, it is our sacred duty to foster an atmosphere where learning is a celebration, and every learner feels anchored in care.

As we embrace this academic year with renewed purpose, may our commitment to well-being echo the spirit of our founder, St. Kuriakose Elias Chavara, whose vision of education was rooted in love, discipline, and divine grace.

May Christ, our true teacher, walk with us every step of the way, guiding us to nurture not only minds but hearts.

Wishing each member of the Christ School ICSE family a year filled with purpose, peace, and profound well-being.

MEET THE GREAT – SESSION FOR TEACHERS

Christ School ICSE proudly announces its new educational initiative “**Meet the Great (MG): Real People, Real Purpose,**” in alignment with the CMI Year of Education. This 10-month journey is designed to nurture the holistic growth of students, teachers, and parents by engaging with inspiring professionals across five vital realms: Physical, Mental, Intellectual, Spiritual, and Civic.

Each month, we anticipate sessions led by psychologists, doctors, scientists, spiritual leaders, judges, and more - real people with real purpose, whose insights will enrich and empower our school community. MG promises a meaningful blend of learning and life values.

Let us get ready to **Meet the Great**, grow in wisdom, and walk together toward a future shaped by purpose and passion.



Speaker

Fr. Norbert Menezes, S.J.

About the Speaker:

Fr. Norbert Menezes, S.J. is currently the Rector of St. Michael's Jesuit Community, School, and B.Ed. College, Patna. He holds degrees in Mathematics (BSc, MSc), Education (B.Ed., M.Ed.), and a Master's in Educational Leadership from Loyola University, Chicago. With over 40 years of experience, he has served as Principal of major Jesuit schools, Secretary of the Jesuit Educational Association (South Asia), and Director of Education for the Buxar Diocese. A prolific author and educational thought leader, he specializes in teacher development, student mentoring, and civic education.

Session Title:

Key Perspectives of the Teaching Profession

Learning Outcome for Teachers:

This session encouraged teachers to reflect on their evolving role as facilitators and mentors in the modern classroom. By aligning with NEP 2020, it emphasized professional integrity, continuous learning, and social responsibility. Educators were inspired to view themselves as agents of change who can empower students through reflective, value-based education.



Speaker

Mr. Rishikesh K B

About the Speaker:

Mr. Rishikesh K B is the Executive Director (Institutional Partnerships and Internships) at CHRIST University, Bangalore. He is also the Coordinator for B.Com (Honours with Research) and Domain Chair of OB & HR. An alumnus of Delhi School of Economics, he holds MPhil, MCom, MBA degrees and is UGC-NET qualified in both Commerce and Management. With vast academic and industry experience, he is a published researcher, keynote speaker, mentor to startups, and visiting faculty at national and international institutions.

Session Title:

Storytelling in Education

Learning Outcome for Teachers:

This session demonstrated how storytelling can transform teaching by increasing student engagement and relatability. Teachers learned to blend narratives with digital tools, real-life cases, and cultural references to create a more impactful and reflective learning environment. The session empowered educators to make subjects come alive and inspire deeper student connections.

CHRIST SCHOOL SHINES WITH 100% RESULTS IN ICSE BOARD EXAMINATION 2024 25

Christ School continues to uphold its tradition of academic brilliance as all 200 students who appeared for the ICSE Board Examination 2024-25 successfully passed, achieving a 100% pass result. The school proudly celebrates 170 distinctions, with 24 students scoring above 95% and 69 above 90%, marking yet another year of scholastic excellence.

A moment of special pride shines upon our school toppers: Dimple S and Gaana Muraleedhara, who secured 98.60% and emerged as joint First Rank holders. Following closely are Brijesh S and Mathew Louis with 98.40%, and Dhriti Gowda in Third Rank with 97.40%. Adding to the glory, Christ School students scored centums (100/100) in multiple subjects - 16 in History, 15 in Biology, 8 in Computer Applications, and 1 each in Mathematics, Chemistry, Physics, and Geography, totalling an impressive 43 perfect scores.

This phenomenal performance is a testament to the hard work of our students, the unwavering dedication of our teachers, and the continuous support of parents. Christ School congratulates every student for their outstanding achievement -may this light of excellence continue to shine ever brighter!

First



DIMPLE S

98.6 %

First



GAANA MURALEEDHARA

98.6 %

Second



BRIJESH S

98.4 %

Second



MATHEW LOUIS

98.4 %

Third



DHRITI GOWDA

97.4 %

Centum in Various Subjects

| | | | |
|-----------------------|------|-----------|------|
| History | : 16 | Chemistry | : 01 |
| Biology | : 15 | Physics | : 01 |
| Computer Applications | : 08 | Geography | : 01 |
| Mathematics | : 01 | | |

Total Centum (100/100) : 43

Congratulations!

THEME OF THE ACADEMIC YEAR 2025-26

The CMI Year of Education 2025–2026: A Radiant Journey Begins. The Carmelites of Mary Immaculate (CMI), guardians of enlightened learning, have launched the CMI Year of Education 2025–2026—a year-long celebration to rekindle their sacred mission of transforming lives through value-based education. Commencing on May 11, 2025, this initiative reflects the CMI's timeless dedication to holistic growth rooted in character, compassion, and competence.

The Christ Group of Institutions unveiled the official logo in a grand ceremony on May 24, 2025, at Christ (Deemed to be University), Yeshwanthpur Campus. A constellation of CMI stalwarts graced the occasion, including the Campus Director, the Coordinator of Christ Group of Schools, Fr. Nilson Davis CMI, Principal of Christ School ICSE, along with principals and vice principals from across Christ institutions.

Among them, Christ School ICSE has embraced the initiative with full enthusiasm and spiritual fervour. With the theme lighting their path, the school envisions a transformative academic year filled with spectacular, thought-provoking programs designed for the holistic development of every Christite. As the flame of CMI education burns ever brighter, Christ School ICSE stands poised to illuminate young minds and kindle noble hearts—true to the legacy of St. Chavara.



A NEW BEGINNING: WELCOMING THE ISC 11 BATCH

"The journey of a thousand miles begins with a single step."

-Lao Tzu

On the 26th of May, the school community came together to extend a warm and heartfelt welcome to the new batch of ISC 11 students for the academic year. The students of ISC 12 organized a brief yet meaningful program to make their juniors feel comfortable and inspired as they step into a new chapter of their academic life.

The event began with a solemn prayer, setting a tone of positivity and purpose. This was followed by a melodious felicitation song performed by the seniors, and a well-curated PowerPoint presentation that offered the newcomers a glimpse into school life, activities, and expectations.

To mark the occasion, the principal welcomed each student with a flower. In his address, he shared inspiring thoughts on the purpose of life, and encouraged the students to define both short-term and long-term goals that would guide them toward success and fulfilment.

This year, the ISC 11 batch consists of 20 enthusiastic students, full of hope and potential. The school looks forward to supporting them through their academic journey and personal growth.

Ms Jalsa Biju



EDUCATORS UNITED: HONORING TRADITION, EMBRACING TOMORROW

Christ Group of Schools organized a Faculty Development Program at Christ University, Yeshwanthpur campus, on 22nd May 2025, bringing together principals and faculty members from its various institutions. The event aimed at empowering educators with contemporary teaching tools and values to meet the dynamic needs of 21st-century learners.

The program was felicitated over by Rev. Dr. Fr. Benny Thomas CMI, the Director of Christ University, Yeshwanthpur campus. In his presidential address, Fr. Benny emphasized the need for educators to continuously evolve, aligning themselves with the mission and vision of Christ-centered education. He spoke about embracing innovation without compromising on values, and encouraged the faculty to serve as transformational mentors to the students entrusted to their care.

The program commenced with a series of insightful addresses by esteemed members of the Christ congregation. The first to speak was Rev. Fr. Varghese Vithayathil, CMI, who emphasized the critical role of emotional intelligence, digital awareness, and value-based holistic teaching in today's educational landscape. He highlighted how educators must nurture not only intellectual growth but also emotional and ethical development in students, preparing them to become compassionate and responsible global citizens.

Following him, Fr. Jose C.C. took the stage to reflect on the spiritual and institutional significance of the current academic year. He reminded the gathering that this is the "Year of Education," dedicated to honoring St. Kuriakose Elias Chavara, the visionary founder of the CMI congregation. Fr. Jose underscored the timeless relevance of St. Chavara's educational mission, which champions the integration of faith, knowledge, and service.

The academic sessions of the program were both engaging and practical. The first session, led by Dr. Vinay M, focused on Transformative Teaching and the need to incorporate 21st-century skills into daily classroom practice. He encouraged faculty to adopt innovative teaching methodologies that foster critical thinking, creativity, collaboration, and communication among students.

The second session, conducted by Dr. Shinto Thomas, addressed Classroom Management and Discipline. His session offered actionable strategies to maintain a positive and productive classroom environment, emphasizing the importance of consistency, empathy, and structured routines in shaping student behavior.

Overall, the Faculty Development Program served as a platform for reflection, renewal, and re-commitment to the core values of Christ Group of Schools. It reinforced the institution's vision of educational excellence grounded in ethics and innovation.

A heartfelt note of thanks is due to Rev. Fr. CMI, Director, and [Principal's Full Name], Principal of Christ University, Yeshwanthpur campus, for their gracious hosting, unwavering support, and impeccable organization of the program.

Mr. Paul Dhinakaran M
Quality Enhancement Committee





"GUIDED BY FAITH, CELEBRATED WITH HEART"

On the joyous day of 24th May the Christ School family came together to celebrate the birthday of Rev. Fr. Reji Koodappattu CMI, our esteemed Vice Principal and Financial Administrator. The occasion was marked with warmth, heartfelt wishes, and expressions of gratitude for the quiet strength and spiritual guidance he brings to our community.



Ms Deepa Dev
Birthday Committee



"EMOTIONALLY AWARE, EDUCATIONALLY EMPOWERED"

An enrichment session was conducted for the teachers of Christ ICSE School on 30 May 2025, focusing on enhancing their understanding of the emotional needs of children. The aim was to equip teachers with the skills to recognise signs of emotional distress in the classroom and respond effectively.

The session highlighted how unmet emotional needs can influence a child's behaviour and learning. It emphasised the role of teachers in providing emotional support, identifying distress signals, and knowing when to refer students to the counselling team.

Led by the school counsellors, the session was designed to be informative, reflective, and practical. Teachers engaged with real-life classroom examples, interactive discussions, and scenarios that connected theory with practice.

The response from the teaching staff was overwhelmingly positive, with active participation and a genuine interest in collaborating more closely with the counselling department. The initiative strengthened the shared commitment to fostering emotionally safe learning environments and paved the way for timely intervention and enhanced child support.



Ms Aishwarya
Counsellor



PLANTING SEEDS OF STRENGTH: EMPOWERING CHILDREN THROUGH COMPASSIONATE COUNSELING

Empowering children through counseling requires a deep understanding of their unique emotional, psychological, and spiritual needs. Effective counseling is rooted in empathy, active listening, and trust-building, creating a safe space where children feel heard and valued. Fr. Joby Thurackal CMI emphasizes that the counselor must approach each child with compassion and respect, fostering self-esteem and resilience. Integral to this process is the involvement of family and educators, ensuring a supportive environment beyond the counseling room. Counselors should guide children in identifying their strengths, managing emotions, and developing healthy coping strategies. Fr. Joby underscores the importance of faith-based values, offering children a foundation of hope and inner strength. By combining professional techniques with moral and spiritual support, counselors can nurture well-rounded individuals prepared to face life's challenges. Empowerment begins when children are seen, heard, and guided with love and purpose.

Ms. Ravija R E
Quality Enhancement Committee



TEACHER INDUCTION PROGRAMME 2K25

The Teacher Induction Programme was successfully conducted on the 26/05/2025 for newly joined teachers and those who have joined Christ ICSE within the past two years. The session was organized and facilitated by the Quality Enhancement Committee, with the primary objective of familiarizing the teachers with the institution's ethos, policies, and academic practices.

The induction aimed to provide a comprehensive overview of the Christ ICSE educational framework, including key guidelines, expectations, and standard protocols followed within the school. Teachers were introduced to the institutional vision and mission, academic calendar, code of conduct, assessment patterns, and student support mechanisms.

A special emphasis was laid on aligning with the school's commitment to holistic development and excellence in education. The interactive session included time for clarifications and discussions, allowing participants to share their experiences and seek guidance.

Overall, the induction programme was enriching and informative, helping the teachers integrate smoothly into the Christ ICSE teaching community.

Overall, the induction programme was enriching and informative, helping the teachers integrate smoothly into the Christ ICSE teaching community.



Ms N. Meenakshi
Quality Enhancement committee



THE LAUREATES - 2025

Honouring Excellence... Inspiring Tomorrow

On 14th June 2025, Christ School hosted a special ceremony - The Laureates 2025 - to honour the outstanding achievements of Class X students in the ICSE Board Examinations of 2024.

The ceremony was a heartfelt tribute to students who secured above 90% - a milestone reached through years of dedication, focused ambition, and strong moral grounding. The top three students were felicitated with a shawl, memento, ornamental plant, and a card - a symbolic gesture that reflected both their personal growth and the school's pride in nurturing their potential. All students who scored above 90% were specially acknowledged with a memento and a card, celebrating their academic excellence.

In a meaningful extension of the celebration, the parents of the top three students were also honoured with a memento and a fruit basket, recognising the vital role of family support in the students' success.

The Laureates 2025 was more than a celebration of marks - it was a tribute to character, aspiration, and the spirit of perseverance. It served as a reminder that excellence is not a one-time act, but a consistent habit—one that shapes the leaders of tomorrow.

Ms. Tintu Kurain
The Laureates-2025 committee





ACADEMIC INAUGURATION 2025-26

The Academic Inauguration for the year 2025–26 was celebrated on 4th June 2025. The chief guest for the occasion was Rev. Fr. George Kulangara CMI, Dean of the Faculty of Philosophy at Dharmaram Vidya Kshetram (DVK), Bengaluru.

The programme commenced with a prayer dance, followed by a meaningful prayer service. The gathering was warmly welcomed by the Primary School Coordinator, Ms. Sheela.

The theme for the year, CMI Year of Education, was unveiled by the chief guest. The Year Plan, Newsletter, and Annual Magazine were also released on stage by the chief guest in the presence of the Principal.

A thematic video, prepared by the Media Committee, was played to highlight the focus of the academic year. Rev. Fr. George Kulangara and our Principal delivered inspiring and insightful messages on the occasion.

The programme concluded with a heartfelt vote of thanks delivered by the Head Boy, Master Amogh Ravi.

Ms. Beena Koshy





REPORT ON HOLY MASS

On 12th June 2025, a solemn and spiritually uplifting Holy Mass was conducted at Dharmaram Chapel, offered especially for the intentions and well-being of the Class 10 students. The prayerful ceremony was attended by Catholic students from Classes 6 to 10, who came together in faith and unity to seek God's guidance and blessings at the threshold of a crucial academic year.

The serene and sacred ambience of Dharmaram Chapel created a deeply reflective atmosphere, as students gathered with devotion and reverence. The Holy Eucharist was celebrated by Rev. Fr. Varghese Vidhyathil CMI, who served as the main celebrant. He was joined by Rev. Fr. Nilson Davis CMI and Rev. Fr. Reji Koodapattu CMI, who also offered their prayers for the intentions of the students.

In his homily, Rev. Fr. Varghese delivered a profound and inspiring message on the theme of Forgiveness. He emphasized how true forgiveness stems from the heart and is a divine gift that brings inner peace, healing, and spiritual strength. His words reminded everyone of the importance of letting go of resentment and embracing compassion, echoing the values of Christ's love and mercy.

The melodious hymns, heartfelt prayers, and the united participation of the student body made the celebration even more meaningful. The service was not only a spiritual preparation for the academic journey ahead but also a moment of grace that encouraged students to walk in faith, humility, and forgiveness.

It was a deeply enriching experience that strengthened our faith and unity. We returned back to school with hearts full of gratitude and a renewed sense of purpose.

Sasha Manuel
Class - 10 A



SPECIAL ASSEMBLY-REPORT

On 18th June, the students of Class 10 conducted a special assembly on the theme “Devotion to God” with deep reverence and heartfelt enthusiasm. Students from all sections came together in a beautiful expression of faith, love and spiritual reflection reminding the importance of staying connected with the Divine in our daily lives.

The assembly commenced with a soulful prayer song, invoking blessings from the Almighty and setting a reverent tone for the proceedings.

This was followed by a thought-provoking skit on the life of Eric Liddell, the Olympic gold medallist who chose to give up fame and serve as a missionary in China. His story highlighted that true devotion is not just about rituals but is demonstrated through righteous living, compassion and unwavering faith in God. Another captivating element of the assembly was the tableau on the life of Saint Kuriakose Elias Chavara.

The theme-based performance was not only a platform for showcasing artistic and spiritual talent but also served as a moment of introspection for the younger generation. It reminded all present that amidst the rush of modern life, devotion to God remains a timeless source of strength, purpose and guidance.

Saachi Singh
Class - 10 C



"MEET THE CANDIDATE"

On the 6th of June, 2025, "Meet the Candidate" was held, during which a total of sixteen aspiring students from class IX, came forward to formally introduce themselves to the audience and articulate their visions, qualifications, and the compelling reasons why they deemed themselves suitable and deserving of being elected into the esteemed cabinet. The candidates delivered their speeches in front of a diverse audience comprising students from Classes V to IX, confidently addressing their peers across different age groups and academic levels, thereby showcasing their communication skills, leadership potential, and ability to connect with a broad student community.

Each candidate was allotted a time span of two minutes to present their speech, during which they introduced themselves and outlined their goals and intentions for joining the cabinet. Following each speech, two thought-provoking questions were posed - one by a teacher and the other by a fellow student - allowing the candidates to further demonstrate their clarity of thought and confidence under pressure. The event concluded gracefully once all students from Classes V to XII had cast their votes, marking the end of a meaningful and democratic exercise.

Ananya Krishna
Class - 10B



YOGA DAY

Yoga is the journey of the self, through the self, to the self. Yoga, an ancient Indian practice that combines physical postures, breathing exercises and meditation to promote physical and mental well-being. The word “Yoga” itself is derived from the Sanskrit word “Yuj” means to unite.

Every year in our school we have yoga sessions on the account of International Yoga day where we do yoga and relax minds and stay calm. Recently we had a beautiful yoga session for one hour for students from grades 6 to 10. We started off with some warm-up exercises, followed by some asanas like Vajrasana, Sukhasana, and the most important Pranayama- breathing exercise. We stayed focused on our breathing without getting distracted.

All of us got to know that Yoga, it improves flexibility, strength and balance while also promoting mental clarity and reducing stress. If we get to know that something is good, then why not we adopt it in our lives? So, let us all strive towards giving a little more importance to our health and adopt yoga in our daily lives. Together, we can definitely make a change.

Avani R
Class - 10 F



VISIT TO VISVESVARAYA

"On June 2nd, as part of World Environment Day celebrations, the Science Club has intitated a trip for 10 students from 8th and 9th grade to attend a workshop at Visvesvaraya Science and Technology Museum. The event includes a guided walking tour titled 'Waterspaces of Cubbon Park' with a resource person. This initiative promoted environmental awareness and valuable hands on experience for the students."

Jayrite C Pradeev
Class - 9 C



LEADERSHIP EMBODIED: THE INVESTITURE 2025

Leadership is not about power. It is about responsibility."

- Dr. A.P.J. Abdul Kalam

The Investiture Ceremony at Christ School ICSE, held on 21st June 2025, was a solemn and inspiring occasion, marking the official induction of the newly appointed School Cabinet. It symbolised the passing of responsibility to a new generation of student leaders committed to uphold the values and vision of the institution.

The ceremony commenced with a prayer and welcome address, setting a reverent tone. The cabinet members, adorned in their sashes and badges, marched forward with dignity to assume their roles as Head Boy, Head Girl, CSSA Representatives, Sports Captains, and LCA Secretaries.

Rev. Dr. Benny Thomas CMI, Director of CHRIST (Deemed to be University), graced the occasion as the Chief Guest. In his address, he spoke eloquently about the essence of leadership rooted in service, humility, and moral integrity.

The Oath of Office was administered with solemnity, as each member pledged to serve with dedication and honour. The Head Girl delivered a heartfelt message on unity and responsibility, while the Head Boy expressed gratitude in the vote of thanks.

The event concluded with the School Anthem, instilling pride and a renewed commitment to lead by example and serve with purpose.

Frederick Raymond Roy U
Class - IX -F
Head Boy





KISA - CISCE ZONAL LEVEL KARATE TOURNAMENT 2025

The competitive event Karate tournament CISCE Zonal Level Karate Tournament 2025 was conducted in our campus - Christ school ICSE on 27th June 2025.

This was our first KISA Zonal level tournament. The experience was welcoming and delightful. The karate tournament was a mix of intense competition and valuable learning experience. Multiple schools participated from different part of Bengaluru, where competitors showcased their skills in Kumite (fighting), demonstrating years of dedicated training, discipline & perseverance.

This tournament was not just about winning, but offered valuable learning experiences, self-discipline, respect and provided opportunities for personal growth and development. The tournament helped us to face challenges, embrace pain, made us to strive hard for win and we also witnessed competitors accepting failures gracefully. The tournament highlighted the dedication and perseverance required to excel in Karate. The event provided platforms for both experience and novice Karate Kas (students), to compete and learn.

The event was well organized in a big auditorium-St Thomas Hall, with well-equipped floor mats, providing chairs & tables for judging event. The teachers & students of Christ ICSE school volunteered to conduct the event smoothly and helped in navigating the competitors. There was clear schedule of the event shared to the participants. The judges were made comfortable allowing them to judge the event smoothly creating a positive and memorable experience for everyone involved.

The level of competition was impressive with many matches in different category, showcasing a high degree of strategic thinking and skills. Awarding ceremony was conducted immediately after the final matches of each category. Announcements were made declaring the winners in Gold, Silver & Bronze position, bringing in tremendous joy to the winners, sharing joyfulness among the team members.

This was really a wonderful event which brought in team bonding and celebration. The event couldn't be successful without the efforts of our teachers and supporting staff. We would like to thank Sensei Gangadutta Sharma, for helping us prepare and participate in this competition along with teachers Ms. Sunitha ,Ms. Kavitha,Mr. Donis, Mr. Mathew & Mr. Sarvanan, the instructors – Kyoshi S Sunil Kumar & Senpai Ullas along with the supporting staff for making this competition possible.

The management and cooperation of participants made the tournament unforgettable and remarkable. This experience will always remain special in our Hearts! This was one of the best tournament of our lives, and we cannot wait for KISA 2026.

Sreshta K
Class -VI B





SMART CLASS AWARD FOR THE MONTH OF JUNE



Class : I G
Class Teacher : Ms Treesa Thomas
Class Leaders : Ruthvik Sai K
P Sherlin Infanctiya



Class : II D
Associate Teacher : Ms Lavanya
Class Leaders : Joshua Joyes
Sanjana B



Class : III A
Class Teacher : Ms Taniya Chacko
Class Leaders : Alfreeda Noel
Jovin raphael pinto



Class : IV D
Class Teacher : Ms Niveditha S
Class Leaders : Mithun Y V
Karuhnya Nidhi S



Class : V A
Class Teacher : Ms Jyothi
Class Leaders : Reashwan Kriish P
Ritisha Saraфф



Class : VI E
Class Teacher : Ms Soja Arun
Class Leaders : Dhruthin T
Andrea Celine A



Class : VII A
Class Teacher : Ms Monalisa Sinha
Class Leaders : Ahmed Faraaz
Anwesa Mishra



Class : VIII A
Class Teacher : Ms Tessy Mol
Class Leaders : Jaden Michael
Hannah Treesa George



Class : IX E
Class Teacher : Ms Pronita Kindo
Class Leaders : Sujan. G
Chandana G



Class : X B
Class Teacher : Ms Indrani Bose
Class Leaders : Alwin Antony
Yasaswini R

CONGRATULATIONS



Favourite

Colour : Sky Blue

Movie : The Passion of the Christ

Food : Biryani

Book : Bible

Subject as a student : Literature

Quote/Motto in life: "I can do all things through him who strengthens me."



Name: Sminta Joseph

My Educational Background:
MA ENGLISH LITERATURE
& B.Ed. (English)

My Birthday: 8th July

A little about myself:

*I am a person who is positive about every aspect of life.
There are many things I like to do.
I like to sing, read and write.*

My hobbies:

Listening and singing songs

Quality I admire about myself :
Honesty

Ambition as a kid:
To become a teacher

Dream destination:
Holyland





Favourite

Colour : Blue

Movie : Minnale

Food : Biryani

Book : "The lord of the Rings"
-by J.R.R. TOLKIEN

Subject as a student : Maths

Quote/Motto in life: TRY FIRST!
PRAY NEXT! GET BEST!



Name:

F. Arockia Juliet Vimali

My Educational Background:
M.A., B.ED.

My Birthday: 11th April
Zodiac: - CANCER

A little about myself:

I'm a Hard-Working and driven individual who isn't afraid to face a challenge.
I'm passionate about my work.

My hobbies:

Reading various books, Gardening,
I enjoy stitching my own clothes.



Quality I admire about myself :
Adaptability to change & honesty

Ambition as a kid:
Doctor

Dream destination:
Thailand





Favourite

Colour : White

Movie : The passion of Christ

Food : Chicken steak

Book : Bible

Subject as a student : English

*Quote/Motto in life: So, do not fear,
for I am with you; do not be
dismayed, for I am your God.*



Name:

Christeena Mariet M D

My Educational Background:
M A in Literature, B. Ed

My Birthday: 9th April

A little about myself:

*I am an energetic person who
enjoys reading fiction books. I have a
deep love for Jesus Christ, and
my faith is very important to me.
I love to travel and explore new places.
I believe in loving and respecting
everyone without any conditions.*

My hobbies:

*Dancing, Reading, Watching series,
Traveling*

Quality I admire about myself :
*My ability to love and respect others
unconditionally.*

Ambition as a kid:
Teacher

Dream destination:
Heaven



Talents Fest 2025-26

Esperanza 2K25

Express Yourself



*Wishing every participant the very best-may
your talents shine bright, your efforts bear fruit and
your performances inspire everyone around you.*



PUZZLE FOR THE MONTH OF JUNE



I am a number.
I am greater than 20
and less than 30.
When you add my digits,
you get 9.
What number am I?

To enter for a chance to win:

- ✓ Answer the riddle correctly and send it at the earliest.
- ✓ You can send your answer by tomorrow - 26 July, 2025 by 4:00 p.m.
- ✓ The first 10 correct answer shall be awarded with the E-certificates.
- ✓ Your time starts from today (25.07.25) at 12:30 p.m. and ends by tomorrow (26.07.25) at 4:00 p.m. Late answers will not be entertained.
- ✓ Mail your answers to:
christnewsletter2015@gmail.com
- ✓ Mention your NAME, CLASS, SECTION. Attach your photograph in school uniform.

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